

# Knowledge, Attitudes and Practices of grandmothers in child feeding and caring

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*First 5 years of a child's life is the foundation for the ability to grow, learn and thrive*

Inadequate dietary intake & diseases

Child undernutrition



Advice providers

Care takers

Effects on child nutrition

## Objective

To identify the knowledge, attitudes and practices of grandmothers in child feeding and caring

# Methodology

**Study Design**

**Community based cross sectional study**

**Study area**

**Ambagamuva**

**Sample size**

**119**

**Data collection**

**Interviewer administrated questionnaire**

## Data analysis

Correct answer- 1

In correct answer- 0

Total score in %

High level:  $\geq 70\%$   
Medium level: 41-69%  
Low level:  $\leq 40\%$

**Figure 1:** Steps of data analysis

# Results

## Child feeding

**Table1:** Level of KAP of grandmothers in child feeding

	Low (%)	Medium (%)	High (%)
<b>Knowledge</b>	<b>32.8</b>	<b>63.0</b>	<b>4.2</b>
<b>Attitudes</b>	<b>18.5</b>	<b>76.5</b>	<b>5.0</b>
<b>Practices</b>	<b>19.3</b>	<b>76.4</b>	<b>4.2</b>

## Child caring

**Table2:** Level of KAP of grandmothers in child caring

	Low (%)	Medium (%)	High (%)
<b>Knowledge</b>	<b>0.0</b>	<b>3.4</b>	<b>96.6</b>
<b>Attitudes</b>	<b>3.4</b>	<b>15.4</b>	<b>81.5</b>
<b>Practices</b>	<b>0.0</b>	<b>0.8</b>	<b>99.2</b>